

Reg. No.: .....

**First B.Sc. Nursing (Ayurveda) Degree Supplementary Examinations  
March 2025**

**Sociology and General Psychology**

**Time: 3**

**Max Marks: 100**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Write SECTION A, SECTION B and SECTION C in separate Answer books. Do not mix up questions from Section A, Section B and Section C.*

**QP Code: 105009**

**Section A- Ayurvedic Part**

**Max Marks: 50**

**Essay**

**(4x10=40)**

1. Discuss the various procedures in Dinacarya for maintaining the health of Sense organs
2. Explain the importance of Sadvritta in the maintenance of Physical and mental health
3. Define Janapadhaudhwamsanam and enlist the janapadhaudhwamsakarabhava. Discuss Udaka as janapadhaudhwamsakarabhava. Mention the features, treatment, prevention and control measures.
4. Define Vyayama. Explain its benefits, contraindication, atiyoga and clinical importance

**Short Notes**

**(4x2½=10)**

5. Define and classify Satwa
6. Sandhyacarya
7. Benefits and contraindications of Snanam
8. Benefits and contraindications of Abhyanga

**QP Code: 106009**

**Section B – Sociology**

**Max Marks: 25**

**Essay**

**(10)**

1. Define poverty. Explain its causes.

**Short Notes**

**(5x3=15)**

2. Any three causes of alcoholism.
3. Effects of illiteracy.
4. Causes of juvenile delinquency.
5. Any three forms of marriage.
6. Causes of crime.

**QP Code: 107009**

**Section C – Psychology**

**Max Marks: 25**

**Essay**

**(7)**

1. Define Psychology and explain methods of psychology (any 2).

**Short Notes**

**(6x3=18)**

2. Heredity and environment.
3. List down laws of learning.
4. Briefly explain any two methods to memorize.
5. Enumerate types of thinking.
6. Explain various types of motives.
7. Enumerate projective test.

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